



# Optima

FAMILY SERVICES, INC.

## April 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <u>Dance Party with your family!</u>	2 <u>Bath Time Fun!</u>	3 <u>Sensory Hoola-Hoop!</u>	4 Air Mattress Trampoline
5 <u>Try a puzzle</u>	6 <u>Bunny Treat Cups</u> or draw any animal faces on paper cups!	7 <u>Try Paper Mache Eggs</u> or another craft of your choice!	8 <u>Take a virtual field trip!</u>	9 <u>Math Equations! Review or learn your math skills</u>	10 <u>Create a Bunny or Gift Basket.</u> Can also try making a card for someone special!	11 <u>Dye eggs!</u>
12 <u>Create your own Egg Hunt in the backyard or Indoors!</u>	13 <u>Foam Windows!</u> Decorate your windows with foam material!	14 <u>Spring Artwork!</u> Indoor or Outdoor, let your imagination go wild!	15 <u>Have fun with Playdoh!</u> Try making carrots or other shapes & objects	16 <u>Do Yoga!</u>	17 <u>Spring Sensory Bin!</u> Include all sorts of textures.	18 <u>Build a Fort and Read Books Inside!</u>
19 <u>Create a garden or plant a pot</u>	20 <u>Explore with Sidewalk Chalk!</u> Write a nice note for others to read!	21 <u>Try Virtual Art!</u>	22 <u>We challenge you to bake a cake</u> (supervision for all involved please)	23 <u>Make Bunny Donuts or Bagels</u> Yum!	24 <u>Paint Flowerpots!</u>	25 <u>Color Sheets-</u> print your favorite images and color away!
26 <u>Do A Nature Sensory Bag</u> and catch some fun	27 <u>Explore with Flowers-</u> Great Sensory/Science Activity!	28 Take a walk or stroller ride!	29 <u>Have a picnic outside!</u>	30 <u>Movie Night!</u>		*Please click on the activity to redirect you to the website.



